

Resources

For young people

- **Safety at work: SafeWork Young Workers eToolkit**
- **Accessible information tailored to a young audience about workplace rights and responsibilities:**
 - Youth Law Australia Employment page
 - Fair Work Ombudsman
- **Fair Work Ombudsman information for young people:**
 - Information for young workers and students
 - Employing Young Workers page
 - Employing young workers best practice guide
- **Unions**
 - UnionsNSW
 - United Workers Union
 - Australian Services Union

For employers

- **Safety at work: SafeWork Employers of Young Workers eToolkit**
- **NSW Government: Fostering a workplace that supports young workers**
- **Supporting the mental health of young employees**
 - NSW Government free coaching for employers seeking to create 'mentally healthy' workplaces.
 - Headspace resources for how to communicate with young employees about their mental health (tips for starting a conversation, responding to disclosures in the workplace and helping the young employee to make a plan).
 - **Headspace printable guides:**
 - How to have a supportive conversation with a young employee
 - Creating a mentally healthy workplace
 - Responding to disclosures of mental health issues in the workplace
- **How to make young employees feel safe and included**
 - YACVIC guide to involving young people
 - LGBTQIA+ Inclusive Language Guide
 - Intro to access and inclusion: working with young people with disability
 - SafeWork NSW Guide to creating a culturally safe workplace for First Nations employees



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